

WE ARE

The GoodHearts Mentoring Foundation a non-profit organization established by organ recipients, patients waiting for transplants and caregivers.

OUR MISSION

Provide peer support to all transplant patients – recipients and people on waiting lists – their caregivers and family members, and increase organ donation through community education.

OUR CORE VALUES

- ♥ Compassion ... sensitivity ... and empathy.
- ♥ Caring spirit in meeting emotional, social and spiritual needs.
- ♥ Honesty in addressing questions and concerns.
- ♥ Respect for privacy and personal wishes.
- ♥ Non-judgmental about personal choices.
- ♥ Patient in listening, sharing, and working with each patient, recipient, caregiver and family member.

A SOURCE OF INFORMATION

Your transplant doctor, co-ordinator and social worker should always be your chief source for answers to the hundreds of questions you will have about transplantation. Even though they may not have all the answers all of the time, chances are good they have heard the questions before and will be able to steer you to the information you seek. The transplant team is your best source for all medical information.

Recipients – patients who have made the transplant journey – should be your resource for non-medical questions.

MENTORS

The transplant journey is filled with emotions: anxiety ... fear ... joy ... hope ... excitement ... gratitude ... During the transplant journey it can help the patient, caregiver and family members to talk to others who have endured the experience.

MENTOR REFERRALS

Ask your transplant co-ordinator or transplant social worker to be put in contact with a post-transplant patient and/or caregiver or a member of the GoodHearts Mentoring Foundation.



For more information about the

GoodHearts Mentoring Foundation

visit

www.goodhearts.ca

e-mail

info@goodhearts.ca

or call Silvio at

780-437-6810

**GoodHearts
Mentoring
Foundation**



**For All Transplants,
Patients on Waiting Lists
& Their Caregivers**